

THE RUDIMENTS:

A Learning Sequence

INCLUDING: APPLICATION EXERCISES AND PROGRESS CHART

Quadrant A

1. Single Stroke Roll
2. Single Stroke Four
3. Single Paradiddle
4. Multiple Bounce Roll
5. Double Paradiddle
6. Flam
7. Flam Tap
8. Ruff (Drag)
9. Five Stroke Roll
10. Open (Double Stroke) Roll

Learning Sequence Handbook Courtesy Of:

VIC FIRTH

the number ONE drumstick in the world!

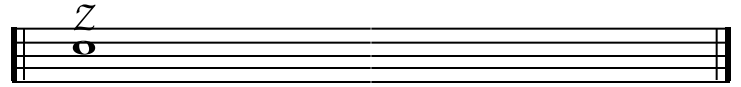
Download a FREE copy at <http://www.VicFirth.com>

THE RUDIMENTS:

A Learning Sequence

Quadrant A, page 2

4. MULTIPLE BOUNCE ROLL



R L R L R L R L etc.

Applied:

Each of the following exercises is written within a tempo marking that is appropriate to produce the best quality of sound for a buzz roll (for most applications). The "overlap" in recommended tempos takes into account various dynamic levels, drum sizes and head tensioning.

A *m.m.* = 50-70

B *m.m.* = 60-80

C *m.m.* = 70-100

D *m.m.* = 80-110

E *m.m.* = 100-150

F *m.m.* = 140-190

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>exercise E</i>	<i>exercise C, F</i>	<i>exercise A</i>	<i>exercise D</i>	<i>exercise B</i>

5. DOUBLE PARADIDDLE



Applied:

R L R L R L R L L R L R L R R L R L L R L R L R L L R L R L R L L

TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m.</i> = 40 - 56	<i>m.m.</i> = 60 - 76	<i>m.m.</i> = 80 - 96	<i>m.m.</i> = 100 - 116	<i>m.m.</i> = 120 - 136

